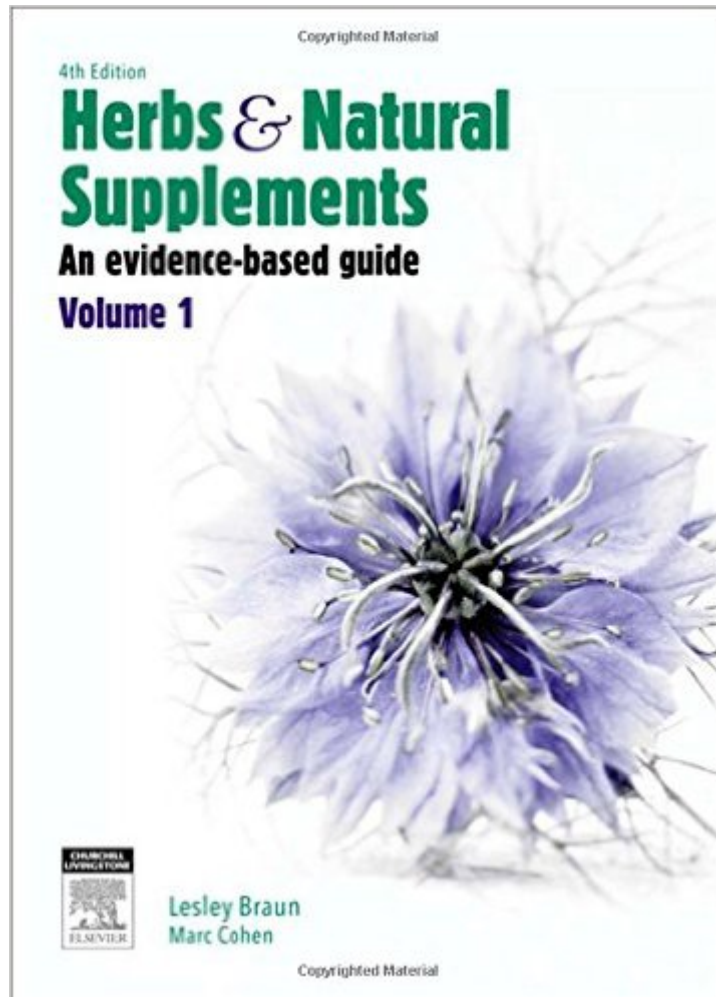


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# Herbs And Natural Supplements, Volume 1: An Evidence-Based Guide, 4e



## Synopsis

Herbs and Natural Supplements, 4th Edition: An evidence-based guide is an authoritative, evidence-based reference. This two volume resource is essential to the safe and effective use of herbal, nutritional and food supplements. The first volume provides a foundation of knowledge in the clinical practice of complementary medicine. It emphasises safe practice with strategies to prevent adverse drug reactions, guidelines in assessing benefit, risk and harm and the evaluation of research.â ¢ Comprehensive review of herbal medicine, clinical nutrition, aromatherapy, and food as medicineâ ¢ Patient safety and wellnessâ ¢ Considerations in preoperative care and pregnancyâ ¢ Use in the treatment of cancerâ ¢ Herb/nutrient â “ drug interactions. Provides up-to-date evidence on the latest research impacting on herbal and natural medicine by top leaders within the fields of Pharmacy, Herbal Medicine and Natural Medicine.

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